



100 things to do before you leave Orchard Lea Junior School

Take a trip on a train	Stay away from home overnight	Design a business idea to pitch to investors	Interview someone	Support a local charity	Vote in a school election	Write a speech	Take part in a debate	Use a map and compass	Make a cake
Learn to swim	Learn to ride a bike	Visit a museum	Write and perform a poem	Visit a place of worship	Design and make an electric model	Pick up litter in your local area	Write in hieroglyphics	Perform to an audience	Go orienteering
Compose a piece of music	Eat something you've not tried before	Visit an art gallery	Learn to play a musical instrument	Light a candle	Learn a French song	Grow a plant from seed	Come to school dressed up in a costume	Take part in a sports tournament	Receive a certificate
Run a stall at a school fayre.	Create a sculpture	Take part in an assembly	Be a buddy to a younger pupil	Cook on a camp fire	Take on responsibility within the school	Build a shelter	Visit a river	Go to the seaside	Visit a farm or a zoo
Work with people in the community	Host an event for people in the local community	Write a letter and post it	Visit a castle or a local landmark	Run a mile	Sew on a button	Learn a different language	Learn sign language	Perform a song	Write a story and read it to the intended audience
Walk through the woods or a forest	Watch a theatre production	Play a new sport	Build a habitat for an animal or insect	Walk in someone else's shoes (not literally)	Watch a music concert	Go pond dipping	Visit a library	Travel on a bus	Draw a self portrait
Try food from different countries	Go to the cinema	Have a picnic	Play a board game	Record a podcast	Choreograph a dance	Attend a church service	Hold an animal	Hunt for bugs	Care for an animal
Help someone in need	Fly a kite	Make a film	Create something out of wood	Keep a diary for a week	Send an email	Walk to the top of a hill	Take a photo	Take part in a treasure hunt	Skim stones
Meditate	Learn to tie a tie and to tie your shoelaces	Make a new friend.	Learn how to light a fire safely.	Learn how to contact the emergency services.	Compete in a sports competition	Watch a film with subtitles on	Lead a warm up/cool down in a sports session	Take something apart and reassemble it	Learn all the lyrics to a song by heart
Watch a sunset	Listen to an audio book	Cook an omelette or pancake	Write a book review	Help an adult write a shopping list and do a food shop	Learn to tell the time	Create a stop motion animation	Practise yoga	Write a vlog	Make a cake

Can you think of any other challenges that children in our school can do?

Please share your ideas with Mrs Thornbury